



:: Relax & Be YOU ::

10.25.09

Read these verses and consider the questions that follow.

“Now about spiritual gifts, dear brothers and sisters, I do not want you to be ignorant ... There are different kinds of spiritual gifts, but the same Spirit is the source of them all... A spiritual gift is given to each of us so we can help each other... It is the one and only Spirit who distributes all these gifts. He alone decides which gift each person should have.”

1 Corinthians 12.1,4,7,11

Why do you think Paul wanted to be sure Christ-followers were not “ignorant” of spiritual gifts?

Who is the source of spiritual gifts and determines what gifts each person should have?

Why are spiritual gifts given?

Read 1Corinthians 12.12-27

Why is it important that you discover your role in the body of Christ: for you? for the church? for God?

God has created you with tremendous potential. How willing are you to reach for God’s fullest for your life?

Take a moment to reflect on how much of your potential you are currently reaching. Put a percentage for each item.

Spiritual growth \_\_\_\_\_ Personal growth \_\_\_\_\_

Family health \_\_\_\_\_  
Physical health \_\_\_\_\_  
Relational skills \_\_\_\_\_

Vocational skills \_\_\_\_\_  
Financial health \_\_\_\_\_  
Church leadership \_\_\_\_\_

How are you doing? Think about how much God can do in and through your life in the days ahead!

Pray for God's guidance, courage and strength that you will take steps today to begin living out your God-given potential.